



Key Findings from HS True North Program Summary of Exit Surveys Fall 2020 through Summer 2021

1. 2 out of 3 (66.2%) students reported that being in the program made them more likely to resist or say no to peer pressure.
2. 63.5% of students reported that being in the program made them more likely to manage their emotions in healthy ways.
3. 2 out of 3 (67.3%) of students reported that being in the program made them more likely to spend time with friends that keep them out of trouble.
4. 2 out of 3 (67.8%) of students reported that being in the program made them more likely to think about the consequences before making a decision.
5. 3 out of 4 (76.4%) of students reported that being in the program made them more likely to make plans to reach their goals.
6. 3 out of 4 (73.5%) of students reported that being in the program made them more likely to care well about doing well in school.
7. 3 out of 4 (77%) of students reported that being in the program made them more likely to graduate high school or get their GED.
8. 7 out of 10 students (69.5%) reported that being in the program made them more likely to get a steady full-time job after school.
9. Nearly half (44.8%) of students reported that being in the program made them more likely to feel comfortable talking with their parent, guardian, or caregiver about sex.
10. Nearly 2/3 (61%) of students reported that being in the program made them more likely to speak up or ask for help if they are being bullied.
11. 8 out of 10 (78%) of students reported that being in the program made them more likely to better understand what makes a relationship healthy.
12. Nearly 3/4 (71.8%) of students reported that being in the program made them more likely to resist or say no to someone they are dating or going out with if they pressure them to participate in sexual acts (e.g. kissing, touching private parts, or sexual intercourse).
13. 7 out of 10 (69.7%) of students reported that being in the program made them more likely to talk to a friend if someone they are dating or going out with makes them uncomfortable, hurts them, or pressures them to do things they don't want to.
14. 2 out of 3 (67.1%) of students reported that being in the program made them more likely to talk to a trusted adult.
15. Nearly half (48.8%) of students reported being in the program made them more likely to delay having sexual intercourse until they graduate high school or receive their GED.
16. Over half (55.8%) of students reported that being in the program made them more likely to plan to be married before they have a child.
17. Over 2/3 (68.6%) of students reported that being in the program made them more likely to plan to have a steady full-time job before they get married, with 68.3% reporting they are now more likely to plan to have a steady job before they have a child.